



# Shhh...

## Keep the NOISE Down!

**IMPROVE** the **PATIENT**  
**EXPERIENCE**

**REDUCE** the **IMPACT**  
of **NOISE** and **VIBRATION**

40% of inpatients  
are bothered by noise  
at night from patients,  
21% by noise from  
hospital staff

(CQC Inpatient Services  
Survey 2009)

## FREE ACOUSTIC SEMINARS

For senior directors and managers of NHS Trusts and Estates, hospitals, healthcare centres and care homes, our **free acoustic seminars** cover:

- **Issues and challenges:** what the common problems are
- **Poor vs good** acoustic and noise management: the implications and long-term benefits of good noise and vibration management
- **Examples** of best practice: what to do and the long-term benefits
- **Options:** determining the best course of action for you within your budget

### REGISTER TODAY!

Find out how you can improve the patient experience by reducing noise and vibration levels:

**Call 020 7099 9735 or email [enquiry@adnitt.com](mailto:enquiry@adnitt.com)**

# MANAGING NOISE

## INFORM & EDUCATE

Many noise issues can be helped by achieving a low noise culture within the hospital, healthcare centre or care home environment.

Examples such as the Montefiore Medical Centre in the US and East Kent Hospitals have shown how Silent Hospitals Help Healing (SHHH) campaigns can reduce noise levels.

Yet these programmes can only really work when staff are fully involved and committed.



## What's involved?

At Adnitt Acoustics, we can help you implement similar schemes by providing:

### Briefing workshops and training for staff

Interactive workshops that address avoidable noise from activities, behaviour and equipment, as well as provide practical noise reduction solutions that don't affect the building budget.

### Noise management collateral

A suite of bespoke or 'off-the-shelf' collateral, including posters, literature and badges, produced in collaboration with you to raise awareness of your noise management programme and reinforce noise reduction behaviour.

### Ongoing noise management support

A comprehensive support service that includes regularly assessing noise levels and procedures, delivering refresher workshops, hosting forums to facilitate the exchange of ideas and best practice, and producing new collateral and support material.



## MAKE A DIFFERENCE

Armed with a clear understanding of the issues and a toolkit of solutions, your staff will be able to take ownership of noise and vibration levels within their area of responsibility, and help make a positive difference to the patient experience.

To find out how we can help you cost-effectively implement a sustainable noise management programme, call Adnitt Acoustics on **020 7099 9735** or email [enquiry@adnitt.com](mailto:enquiry@adnitt.com)

# CONTROLLING NOISE

## SURVEY & SPECIFY

Funds are limited. Budgets are being squeezed. The patient experience is important. The demands to reduce the effect of noise and vibration are high on the CQC's agenda, especially with regard to patient **comfort, privacy** and **dignity**.

- What are your **options**?
- How can you reduce the effect of noise and **improve the patient experience**?
- Is the **solution** a staff-led managed approach or is the building fundamentally flawed?

However big or small your organisation is, noise and vibration in patient care should not be and cannot be ignored.

## Conducting a Conditions Survey

During a Conditions Survey, we undertake a detailed measurement and assessment of your current acoustic conditions.

### We will...

Identify and prioritise problem areas

Take a considered, holistic approach to treating problem areas

Provide recommendations and best practice procedures to help you achieve sustainable noise and vibration control

### So that you can...

Focus your resources and spend on high priority areas that will have the greatest impact

Establish any areas requiring change in working practices, equipment, infrastructure or staff training

Accurately plan your immediate spend, future budget and resource requirements

## GET THE FULL PICTURE

Save money, time and invaluable resources. Find out the acoustic condition of your buildings with a Conditions Survey.

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# MONITORING NOISE

## MEASURE & MONITOR

You've put in place noise management procedures, noise levels appear to be down and there's evidence the patient experience has improved. But how long will this last?

Sporadic testing and monitoring by untrained, inexperienced staff invariably leads to inaccurate, inconclusive and meaningless results in the long-term.

Can your already over-stretched staff even spare the time? Who is going to analyse and interpret the data into meaningful information and insight anyway?

## What's involved?

As part of our Measure & Monitor service, we:

- **Test and monitor** your noise levels on-site at agreed regular intervals
- **Compare, analyse and interpret** the data identifying any trends and anomalies
- **Provide meaningful outcomes** and reports on our findings using clear, easy-to-understand language, not technical jargon
- **Work in collaboration with you** to address any areas of concern and the best course of action
- **Review and develop** your noise management programme.

## WHAT NEXT?

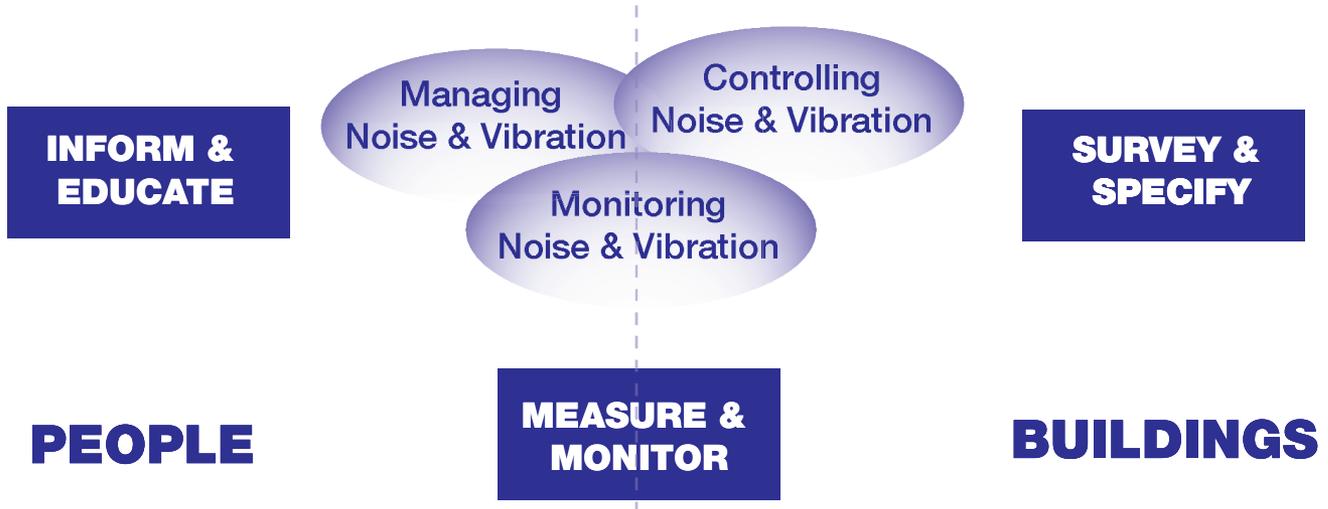
Our bespoke **Measure & Monitor** service is developed in close collaboration with you, designed specifically to meet your ongoing noise and vibration management requirements.

To discuss your needs in more detail at a time and place convenient for you, call Adnitt Acoustics on **020 7099 9735** or email **[enquiry@adnitt.com](mailto:enquiry@adnitt.com)**



# SOUND, NOISE AND VIBRATION SOLUTIONS

Adnitt Acoustics provides independent, practical and commercially viable acoustic management training, design and monitoring solutions to improve the patient experience and reduce the impact of noise and vibration in the provision of healthcare.



## RECENT HEALTHCARE PROJECTS

We have provided expert sound, noise and vibration advice to a number of healthcare clients throughout the planning, building and refurbishment process, including:

### **Kentish Town Health Centre**

Detailed design and planning compliance of a major community healthcare project to meet end user requirements.

### **West Hall Care Home**

Planning and acoustic design of an innovative care home design.

### **Optegra Eye Care**

Planning and detailed acoustic design of noise and vibration control in a new advanced laser eye care facility.

### **NUJ Sandy Cross Nursing Home**

Planning and acoustic design of sound insulation and building services in a new care home.

### **Partnership Primary Care Centre Islington**

Detailed acoustic design and planning compliance of a community healthcare project with associated residential and community use.

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[www.adnitt.com](http://www.adnitt.com)

For information and advice, contact **Adnitt Acoustics** on:  
**T: 020 7099 9735 E: enquiry@adnitt.com**